

Wings of Comfort

A Program of

Wings of Hope Cancer Support Center

Bringing the Skills of Human Touch to Family Caregivers

Wings of Hope Cancer Support Center is offering a new program to provide education and training to caregivers of hospice patients in Council Bluffs. The intention of the “Wings of Comfort” program is to teach caregivers to provide comfort through touch techniques that promote deep relaxation and relief from pain.

These comforting touch techniques are particularly helpful when working with patients who are at the end of life, enhancing the quality of their day-to-day experiences. The techniques may be used in a variety of settings (i.e. hospitals, homes) and can be adapted for patients in seated, supine or side-lying positions.

In addition to bringing relaxation, pain relief, and comfort to the hospice patient, the comforting touch techniques provide a wonderful opportunity for caregivers to connect with their loved ones, communicating their caring at a level beyond words.



Human touch brings comfort to both the hospice patient and the caregiver.

Training and Consultation

Patrick Davis, MA, NCTMB will provide the Wings of Comfort Program training. Patrick is an educator and bodyworker, who empowers caregivers to apply comforting touch with their loved ones. As a former hospice chaplain and bereavement coordinator, he has supported many families with customizing these proven tools and techniques. Patrick holds a Masters in Adult Education and has achieved national certifications in both bodywork and life coaching.

Carolyn Ettinger, MA, LMHP is the coordinator for the program. Her expertise and experience in counseling and healing touch will be utilized in support of the training program.

Training:

A 3 hour training session for family caregivers and provider caregivers will be offered. The first training is scheduled for:

Saturday, June 4 9:00 am—12:00 noon
Council Bluffs Public Library, Conf. Room C.

Consultation:

Practice sessions and personal consultation will be provided with both provider caregivers and family caregivers in small groups or individually

For more information, contact us at:

Wings of Hope Cancer Support Ctr.
427 E. Kaneshville Blvd., Suite 202
Council Bluffs, IA 51503

712-325-8970

www.wingsofhope.org

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Cancer Support Center