



February 2012 Cancer Support

February 11 is "Winter in Tuscany" — details on www.wingsofhope.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 6:30-8 p <i>Healthy Moves Women's Exercise</i>	7 6-7:30p Young Women's Breast Cancer Support	8	9	10	11 6:30 pm <i>"Winter in Tuscany"</i>
12	13	14	15 	16	17	18
19	20 6-7:30 p <i>Hope for Tomorrow</i>	21	22	23	24	25
26	27 6:30-8 p <i>Healthy Moves Women's</i>	28 7-8:00 p Men's Cancer Activity Group	29 			

Wings of Hope Cancer Support Center

427 E. Kanesville Blvd., Suite 202, Council Bluffs.

We have an outside entrance on the front of the Executive Building.

Call Carolyn Ettinger @ 325-8970 if you have questions or need directions.



"Healthy Moves"
Women's Cancer Exercise
February 6 & February 27
6:30—8:00 PM
Instructor: Wendy
Buchholz, OT
NOTICE Changing weeks!
The Senior Center

The **Young Women's Breast Cancer Support Group** is sponsored by Wings of Hope, Alegant Health Cancer Center and Jennie Edmundson Hospital. We focus on the concerns of young women. January facilitator: Wings of Hope.

6-7:30 pm FEB 7



"Winter in Tuscany"
February 11, 2012
6:30 pm

Call for tickets!
325-8970



"Healing Touch"
February 15 & 29, 2012

Free of Charge
Schedule your 1 hour
appointment today!

Hope for Tomorrow
Speaker: Patti Higginbotham
Topic: Survivorship: Medical Follow-up Care Plans
Facilitator: Wings of Hope.
6-7:30 pm FEB 20

Men's Cancer Activity Group
Wii Games & Discussion
CB Senior Center,
714 S Main St, Council Bluffs
7-8:00 pm FEB 28