

Wings of Hope Cancer Support Center

Wings of Hope Cancer Support Center is a nonprofit organization, dedicated to providing support to cancer patients and their families. Wings of Hope is the only local cancer support resource that provides completely free services, which include counseling, support groups, prescription scholarships, and community educational events.

“Wings of Comfort” is our newest program, and is funded by:

- AseraCare Hospice Foundation
- Wings of Hope Cancer Support Center

www.wingsofhope.org

**Wings of Hope Cancer Support Center
427 E. Kanesville Blvd., Suite 202
Council Bluffs, IA 51503**

Wings of Comfort



**Bringing the
Skills of
Human Touch
to
Family
Caregivers**

*wings
of hope*

**Wings of Hope
Cancer Support Center**

Wings of Comfort

Bringing the Skills of Human Touch to Family Caregivers

Wings of Hope Cancer Support Center is offering a new program to provide education and training to caregivers of hospice patients in Council Bluffs. The intention of the “Wings of Comfort” program is to teach caregivers to provide comfort through touch techniques that promote deep relaxation and relief from pain.

These comforting touch techniques are particularly helpful when working with patients who are at the end of life, enhancing the quality of their day-to-day experiences. The techniques may be used in a variety of settings (i.e. hospitals, homes) and can be adapted for patients in seated, supine or side-lying positions.

In addition to bringing relaxation, pain relief, and comfort to the hospice patient, the comforting touch techniques provide a wonderful opportunity for caregivers to connect with their loved ones, communicating their caring at a level beyond words.

Training and Consultation

Patrick Davis, MA, NCTMB will provide the Wings of Comfort Program training. Patrick is an educator and bodyworker, who empowers caregivers to apply comforting touch with their loved ones. As a former hospice chaplain and bereavement coordinator, he has supported many families with customizing these proven tools and techniques. Patrick holds a Masters in Adult Education and has achieved national certifications in both bodywork and life coaching.

Carolyn Ettinger, MA, LMHP is the coordinator for the program. Her expertise and experience in counseling and healing touch will be utilized in support of the training program.

Training:

A 3 hour training session for family caregivers and provider caregivers will be offered. The first training is scheduled for:

Saturday, June 4 9:00 am—12:00 noon
Council Bluffs Public Library, Conf. Room C.

Consultation:

Practice sessions and personal consultation will be provided with both provider caregivers and family caregivers in small groups or individually.



Human touch brings comfort to both the hospice patient and the caregiver.

Wings of Comfort

To register for one of the group training sessions, please complete this form or call Carolyn Ettinger at Wings of Hope at 325-8970.

Please print.

Name _____

Address _____

Phone _____

Email _____

Type of Caregiver:

___ family member

___ friend

___ provider caregiver

Patient's Name: _____

Diagnosis: _____

There will be no cost to participants.

Mailing Address:

Wings of Hope Cancer Support Ctr.

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